




PRODUCT SUMMARY: INDIVIDUALS

PRIMARY CARE BENEFITS

Unity Health Call Centre: 0861 366 006 | MM_PS_01.2 [2025 V1]

Benefits	Plan C
GP Consultations	<p>Unlimited at any Unity Health Network GP Pre-authorisation is required for each Network GP visit.</p> <p>We have over 4100 Unity Health Network GPs nationwide. For pre-authorisation use the UCare Tool on your Unity Health App or member web portal or call the Unity Health Call Centre on 0861 366 006. *Pre-authorisation can be waived by selecting the GP Pre-authorisation waiver.</p>
GP Procedures	<p>Minor procedures in doctors' rooms are included in Network GP visits e.g. wound stitching, applying a cast to a broken arm, circumcision, etc.</p>
GP Visits – Out of Network	<p>Payable up to a maximum of R330 per visit and limited to 2 out-of-network visits per person per year. You have to pay upfront and claim back from Unity Health.</p>
Intercare Online Visits	<p>Unlimited consultations available online through Intercare. You can access the benefit via the Unity Health online portal or via the Unity Health App.</p>
Nurse Consultations	<p>Unlimited</p> <p>Unlimited Nurse consultations available at approved pharmacies (Alpha Pharm, Clicks, Dischem or The Local Choice) for minor ailments. Nurses can provide acute medication up to Schedule 2 following the consultation. Medications are subject to the Acute formulary.</p>
Telemedicine Consultations  	<p>Unlimited virtual GP consultations</p> <p>Available through approved pharmacies that have a nurse clinic and are partnered with Healthdoc, AlphaDoc or Udok. If the Nurse believes a virtual GP consultation is necessary, the Nurse will facilitate the video consultation with the GP.</p>
Specialist Consultation	<p>Limited to R1 600 per visit with an overall annual limit of R3 350 per family per year. Referral by a Unity Health Network GP containing previous failed treatment and pre-authorisation is required. This benefit will be prorated based on the beneficiary start date.</p>
Acute Medication 	<p>Dispensing GP: This means your GP dispenses medication and will provide you with the necessary medication.</p> <p>Non-Dispensing GP: Limited to medication prescribed during your Unity Health Network GP visits. A non-dispensing GP will provide you with a prescription to collect your medication at your nearest network pharmacy. Medication is covered according to a set formulary. Available at approved pharmacies Alpha Pharm, Clicks, Dischem or The Local Choice.</p>
Chronic Medication Benefits 	<p>Chronic Medication Benefit Programme: 8 Listed Chronic Conditions' HIV/AIDS included.</p> <p>Chronic condition: A condition / disease that lasts for an extended period of time. Chronic Medication Programme: Your Unity Health Network GP will assist you to register on the Chronic Medication Programme with Mediscor. Your prescribed chronic medicines will be covered according to a set formulary. Approved pharmacies include Alpha Pharm, Clicks, Dischem or The Local Choice. 'Asthma, Chronic Obstructive Pulmonary Disorder; Diabetes Type 1&2; Epilepsy; HIV/AIDS; Hyperlipidaemia; Hypertension; Tuberculosis.</p>
Basic Dentistry Treatment	<p>Limited to R1 500 per person per year. For members with two or more dependants, an overall family limit of R4 500 applies.</p> <p>Treatment includes: full mouth assessment, intra oral radiographs, scale & polish, extractions, emergency root canal treatment, fillings, pain and sepsis treatment. Only available at Unity Health Network Dentists. Pre-authorisation is required for certain dental fillings.</p> <p>Specialised dentistry/treatment, such as bridgework or crowns, is not covered. Orthodontic treatment, such as braces, is not covered. Dentures are also not covered. This benefit will be prorated based on the beneficiary start date.</p>
Optometry  	<p>One eye test per person per 24 months. A standard frame to the value of R599 and one pair of clear standard spectacle lenses per person per 24 months. Available at PPN in partnership with Specsavers and Execuspecks, network Optometrists.</p>
Pathology   	<p>Basic list of blood tests subject to a list of tariff codes. Subject to a referral by a Unity Health Network GP. Designated Service Providers (Ampath, Lancet & Pathcare included).</p> <p>COVID-19 Screening: Access to a COVID-19 PCR pathology test. The benefit is payable if you test positive for COVID-19. Pre-authorisation and referral by a Unity Health Network GP is required.</p>
Radiology	<p>Black & white x-rays only at a Designated Service Provider. Your Unity Health Network GP has to refer you to have x-rays done. Specialised radiology such as MRI/CT scans are not covered.</p>
Maternity / Pre-birth	<p>3 gynaecologists visits, 3 x 2D ultrasound scans per pregnancy. Limited to R4 000 per family per year. Pre-authorisation is required.</p>
<p>Waiting Periods: • A 2 month general waiting period when a GP pre-auth waiver is added, 1 month general waiting period if no GP pre-auth waiver is added, no pre-existing condition exclusions. • A 12-month waiting period for chronic medication & optometry • A 9-month waiting period for pre-birth maternity.</p>	



WELLNESS PROGRAMME: HEALTH SCREENINGS & ASSISTANCE PROGRAMME

Benefits	All Plans
Health Screenings	Health screenings include health checks for: • Blood pressure • cholesterol • glucose levels • body mass index (BMI) • waist circumference • HIV pre- & post-test counselling. Limited to one screening per person per year. Available at approved pharmacies (Alpha Pharm, Clicks, Dischem and The Local Choice).
Pap Smears	Available once every 3 years after the age of 21 at approved pharmacies (Alpha Pharm, Clicks, Dischem or The Local Choice). Your Unity Health Network GP may offer pap smears as part of the consultation.
Vaccination Programme	Influenza: Available annually - needs to be administered by 31 May each year. Tetanus: Available once every 10 years. Hepatitis A & B: Available once-off. Pneumococcal: Available once every 5 years for those over the age of 60 or if you have a medically proven compromised immune system. Available at approved pharmacies (Alpha Pharm, Clicks, Dischem or The Local Choice). Pre-authorisation is required.
Assistance Programme	Unlimited telephonic or virtual counselling services are provided by registered counsellors who follow specific procedures and clinical protocols. The service is available 24/7 and includes: • Critical incidence/trauma counselling • HIV counselling • legal advice • financial advice • face-to-face counselling can be arranged for your own account.

All health screenings and assistance programme benefits are included on the Primary Care and Primary Care+ Hospital Care benefit options. For the Hospital Care standalone benefit options, only the assistance programme benefits are included.



PREMIUM RATES 2025

Package	Primary Care C	Pre-auth Waiver
Principal	R 435	R 59
Adult	R 345	
Child	R 139	
Entry age 56 or older (Additional Premium)	R 221	

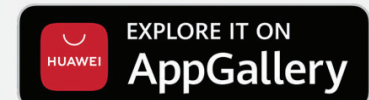
*To obtain pre-authorisation, please call 0861 366 006 and follow the IVR prompt to be directed to the relevant department for the authorisation you need.

*All claims must be submitted to claims@unityhealth.co.za. The turnaround time for claim payments is 7-10 working days, once all required documents are received. This is not a medical scheme and the cover is not the same as that of a medical scheme. This policy is not a substitute for medical scheme membership.

*Terms and Conditions Apply.

This document is a summary for information purposes only and does not supersede the terms and conditions as outlined in the policy document.

Download the Unity Health App on:



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