













PRODUCT SUMMARY: GROUPS

PRIMARY CARE BENEFITS

Benefits	Plan B	Plan C
GP Consultations	<p>Unlimited at any Unity Health Network GP Pre-authorization is required for each network GP visit.</p> <p>We have over 4100 Unity Health Network GP nationwide. For pre-authorization use the UCare Tool on your Unity Health App or member web portal or call the Unity Health Call Centre on 0861 366 006. *Pre-authorization can be waived by selecting the GP Pre-authorization waiver.</p>	
GP Procedures	<p>Minor procedures in doctors' rooms are included in network GP visits e.g. wound stitching, applying a cast to a broken arm, circumcision, etc.</p>	
GP Visits - Out of Network	<p>Payable up to a maximum of R330 per visit and limited to 2 out-of-network visits per person per year. You have to pay upfront and claim back from Unity Health.</p>	
Intercare Online Visits	<p>Unlimited GP consultations available online through Intercare. You can access the benefit via the Unity Health online portal or via the Unity Health App.</p>	
Nurse Consultations	<p>Unlimited</p> <p>Unlimited nurse consultations available at approved pharmacies (Alpha Pharm, Clicks, Dischem or The Local Choice) for minor ailments. Nurses can provide acute medication up to Schedule 2 following the consultation. Medications are subject to the Acute formulary.</p>	
Telemedicine Consultations   	<p>Unlimited virtual GP consultations</p> <p>Available through approved pharmacies that have a nurse clinic and are partnered with Healthdoc, AlphaDoc or Udok. If the nurse believes a virtual GP consultation is necessary, the nurse will facilitate the video consultation with the GP.</p>	
Specialist Consultation	No Benefit	<p>Limited to R1 600 per visit with an overall annual limit of R3 350 per family per year. Referral by a Unity Health Network GP containing previous failed treatment and pre-authorization is required. This benefit will be prorated based on the beneficiary start date.</p>
Acute Medication 	<p>Dispensing GP: This means your GP dispenses medication and will provide you with the necessary medication.</p> <p>Non-Dispensing GP: Limited to medication prescribed during your Unity Health Network GP visits. A non-dispensing GP will provide you with a prescription to collect your medication at your nearest network pharmacy. Medication is covered according to a set formulary. Available at approved pharmacies (Alpha Pharm, Clicks, Dischem or The Local Choice).</p>	
Chronic Medication Benefits 	<p>Chronic Medication Benefit Programme: 8 Listed Chronic Conditions¹ HIV/AIDS included.</p>	<p>Chronic Medication Benefit Programme: 27 Listed Chronic Conditions² HIV/AIDS included.</p> <p>Chronic condition: A condition / disease that lasts for an extended period of time. Chronic Medication Programme: Your network GP will assist you to register on the Chronic Medication Programme with Mediscor. Your prescribed chronic medicines will be covered according to a set formulary. Approved pharmacies include Alpha Pharm, Clicks, Dischem, Local Choice or Medicare. ¹Asthma; Chronic Obstructive Pulmonary Disorder; Diabetes Type 1&2; Epilepsy; HIV/AIDS; Hyperlipidaemia; Hypertension; Tuberculosis ²Addison's Disease; Asthma; Bi-polar Mood Disorder; Bronchiectasis; Cardiac Failure; Cardiomyopathy Disease; Chronic Renal Disease; Coronary Artery Disease; Crohn's Disease; Chronic Obstructive Pulmonary Disorder; Diabetes Insipidus; Diabetes Type 1 & 2; Dysrhythmias; Epilepsy; Glaucoma; Haemophilia; HIV/AIDS; Hyperlipidaemia; Hypertension; Hypothyroidism; Multiple Sclerosis; Parkinson's Disease; Rheumatoid Arthritis; Schizophrenia; Systemic Lupus Erythematosus; Tuberculosis; Ulcerative Colitis.</p>
Basic Dentistry Treatment	No Benefit	<p>Limited to R1 500 per person per year. For members with two or more dependants, an overall family limit of R4 500 applies. Treatment includes: full mouth assessment, intra oral radiographs, scale & polish, extractions, emergency root canal treatment, fillings, pain and sepsis treatment. Only available at Unity Health Network Dentists. Pre-authorization is required for certain dental fillings. Specialised dentistry/treatment, such as bridgework or crowns, is not covered. Orthodontic treatment, such as braces, is not covered. Dentures are also not covered. This benefit will be prorated based on the beneficiary start date.</p>
Optometry  	No Benefit	<p>One eye test per person per 24 months. A standard frame to the value of R599 and one pair of clear standard spectacle lenses per person per 24 months. Available at PPN, Specsavers and Execuspecs network Optometrists.</p>
Pathology   	<p>Basic list of blood tests subject to a list of tariff codes. Subject to referral by a Unity Health Network GP. Designated Service Providers (Ampath, Lancet & Pathcare included).</p> <p>COVID-19 Screening: Access to a COVID-19 PCR pathology test. The benefit is payable if you test positive for COVID-19. Pre-authorization and referral by a Unity Health Network GP is required.</p>	
Radiology	<p>Black & white x-rays only at a Designated Service Provider. Your Unity Health Network GP has to refer you to have x-rays done. Specialised radiology such as MRI/CT scans are not covered.</p>	
Maternity / Pre-birth	<p>3 gynaecologists visits, 3 x 2D ultrasound scans per pregnancy. Limited to R4 000 per family per year. Pre-authorization is required.</p>	
<p>Waiting Periods: • A 2 month general waiting period when a GP pre-auth waiver is added, 1 month general waiting period if no GP pre-auth waiver is added, no pre-existing condition exclusions. • A 12-month waiting period for chronic medication & optometry and • A 9-month waiting period for pre-birth maternity.</p>		



WELLNESS PROGRAMME: HEALTH SCREENINGS & EMPLOYEE ASSISTANCE PROGRAMME

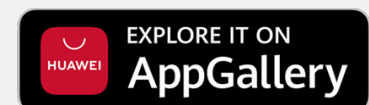
Benefits	All Plans
Onsite Wellness Day Screenings	<p>Onsite wellness screenings of employees is offered once per year for all employees. Health screenings include health checks for:</p> <p>Basic Health:</p> <ul style="list-style-type: none"> • Blood pressure • cholesterol • glucose levels • body mass index (BMI) • waist circumference • HIV pre- and post-test counselling. <p>Additional Tests:</p> <ul style="list-style-type: none"> • TB rapid test for all high risk TB individuals • PSA screening once every 2 years for men aged 50 or older • Breast light screening available to all females. <p>A full report detailing the overall health status and interventions of employees is shared with the employer which in turn assists with health, absenteeism and productivity management. Limited to a minimum number of 15 employees per Wellness Day site.</p>
Health Screenings	<p>For dependants and those individuals unable to attend the onsite Employee Wellness Day, the same basic health check and PSA screening is available at approved pharmacies (Alpha Pharm, Clicks, Dischem or The Local Choice). Employees can only access this benefit if they were unable to attend the onsite Wellness Day. Employees do not have access to this benefit before the onsite Wellness Day has taken place.</p>
Pap Smears	<p>Available once every 3 years after the age of 21 at approved pharmacies (Alpha Pharm, Clicks, Dischem or The Local Choice). Your Unity Health Network GP may offer pap smears.</p>
Vaccination Programme	<p>Influenza: Available annually – needs to be administered by 31 May each year. Tetanus: Available once every 10 years. Hepatitis A & B: Available once-off. Pneumococcal: Available once every 5 years for those over the age of 60 or if you have a medically proven compromised immune system. Available at approved pharmacies (Alpha Pharm, Clicks, Dischem or The Local Choice). Pre-authorization required</p>
Employee Assistance Programme (EAP)	<p>Unlimited telephonic or virtual counselling services are provided by registered counsellors who follow specific procedures and clinical protocols. The service is available 24/7 and includes: • Critical incidence/trauma counselling • HIV counselling • legal advice • financial advice • face-to-face counselling can be arranged for your own account.</p>

All health screenings and employee assistance programme benefits are included on the Primary Care and Primary Care+ Hospital Care benefit options. For the Hospital Care standalone benefit options, only the employee assistance programme benefits are included.

This product is not a medical scheme and the required cover (benefits and contributions) are not the same as that of a medical scheme. *Terms and Conditions Apply.

This document is a summary for information purposes only and does not supersede the terms and conditions as outlined in the Policy document.

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#TheJourney



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